



# 100 Families WA

# 100 Families WA

## Project Summary and baseline report snapshots





# Project Overview

**100 Families WA is an action research project with a vision to address the issue of entrenched disadvantage in Western Australia.**

- Evidence based understanding of entrenched disadvantage.
- Voices of the families who hold lived experience at the heart of the project
- Employing co-design methodology to find **what does work, what could work and what doesn't work.**
- Engaging key stakeholders and decision makers to improve systems that impact those experiencing entrenched disadvantage.



# Hunger and Food Insecurity

Food insecurity is the ability to access and afford the quality of food that meets nutritional needs without having to rely on emergency food programs.



Families reported having low (80%) or very low (58%) food security, with adults experiencing lower food security than their children.



Only 7% of families who have children living with them, reported high food security.



In the 12 months prior, 58% of adults experienced hunger and did not eat because there wasn't enough money for food.



# Financial Vulnerability and Independence

The level of debt a family has and their ability to repay the debt, and withstand financial shocks such as income loss and unexpected expenses.

(Anderloni, Bacchiocchi & Vandone, 2012).



In the Year prior;

- 75% did not receive any salary based income.
- 68% could not pay utility bills on time.
- 51% had gone without meals.



At the time;

- 86% had a debt that was not on a home mortgage.
- 54% had overdue utility bills.
- 61% had a personal loan.



The impact of debt;

- 60% experienced a stress-related illness.
- 65% reported an inability to sleep.
- 65% felt unable to do what they wanted in life.



## Life on Newstart

Families living on Newstart (and other income-related allowances) are living well below the poverty line, with allowances proving inadequate in terms of providing for basic needs.



82% of families reported a diagnosis of at least one chronic health condition



85% do not have access to \$500 in savings for an emergency.



46% reported that illness or disability made it difficult for them to get employment.



40 % could not afford access to the internet at home.